Welcome to
Prideaux Lodge

Prideaux Lodge is a care home for older people, including those with early stages of Dementia.

Our aim is to create and maintain a secure, relaxed, happy and homely environment. Our team of caring staff support physical, emotional and social needs. Companionship, independence, privacy and dignity are always our top priorities. We have suitably trained and qualified staff on duty 24 hours a day including waking night staff.

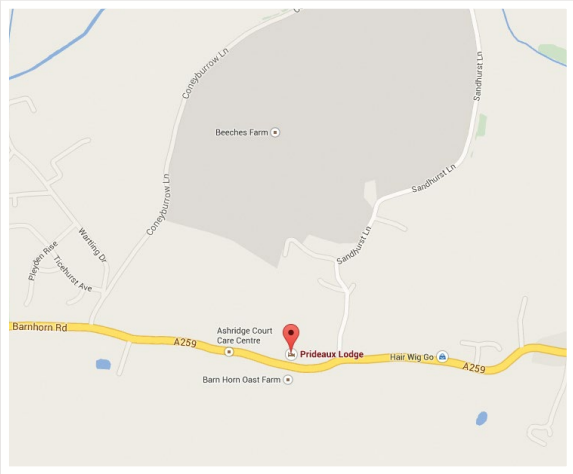
"They're fantastic. They've been really supportive to Nan and us as a family in getting Nan settled here. It was made very nice by the staff here and the care that they offer to Nan is exactly what we wanted"

Contact

For further information about our home or to arrange a chat over coffee please call or email us

Tel : 01424 844989
Email: prideauxlodge@hotmail.com

You can also visit our website and take a virtual tour:
www.prideauxlodge.co.uk



148 Barnhorn Road,
Little Common,
Bexhill-on-Sea,
East Sussex TN39 4QL

Prideaux Lodge is located near the junction between Barnhorn Road and Sandhurst Lane

Prideaux Lodge

"MAKING OUR HOME, YOUR HOME"

A Residential Care Home with Respite & Day Care Facilities

Tel: 01424 844989
Email: prideauxlodge@hotmail.com
Website: www.prideauxlodge.co.uk

148 Barnhorn Road, Little Common, Bexhill-on-Sea,
East Sussex, TN39 4QL

Accommodation

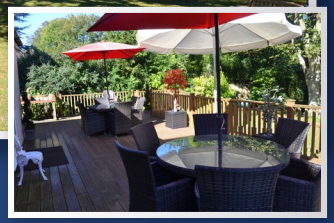
Accommodation at Prideaux Lodge consists of 16 single rooms with various en-suite facilities. A wet room/assisted bathroom is located on each floor. Each room is decorated and furnished to a high standard including a wardrobe, chest of drawers, bedside table and armchair. We like to encourage you to bring in small items of furniture, ornaments and pictures to add a personal touch and make your room feel your own.

We have a spacious, bright lounge which provides a pleasant area to accommodate our recreational activities, or for residents to spend time relaxing, watching television or listening to music. We also have a separate cosy television lounge leading onto the rear garden. An additional large, open rear lounge can also be used for recreational activities as well as a day care room which also opens out onto the decking and garden.

An Emergency Nurse Call System is installed in each room and there is also call points strategically placed around the home to enable you to call for assistance when required. All linen is provided and laundered by the home. Personal clothing is also washed by the in house laundry service although items of clothing which require dry cleaning are charged separately by a local dry cleaning company.

Gardens

Our large, secluded and secure rear garden gives great pleasure to our residents and visitors alike. In addition to the landscaped garden, there is a large decked area with seating and ramp access to the lawn.



Dining

The home cooked menu is varied and nutritious. We cater for all types of dietary requirements and our in-house catering staff are available to discuss special diets at any time. All meals are served in the dining room or can be served in your own bedroom or the lounge area. Relatives and friends are welcome to enjoy meals with us, we just ask for a little notice.

Activities

At Prideaux Lodge we actively encourage our residents to participate in social activities. Our staff organise daily in-house activities which are aimed to stimulate residents both physically and mentally.

We also use external motivational therapists, musicians and entertainers to provide a range of activities to help motivate, stimulate and encourage physical, mental and social interaction.Please view our Activities Programme on our website: **www.prideauxlodge.co.uk**

Day Care

As well as residential care, Prideaux Lodge also provides Day Care. We have a large, spacious rear lounge which has been refurbished to include comfortable areas for recreational activities with access onto our lovely garden. Our Day Care Services include refreshments, lunch and all in-house activities. We can also provide additional services such as bathing/showering, hairdressing, manicures and chiropody on request. If you are interested in Day Care, please contact us by telephone on **01424 844989** or email for more information.

Visitors

Visitors to Prideaux Lodge are very welcome at any time and will always be offered refreshments when greeted. We at Prideaux Lodge are constantly trying to improve the service we offer to our residents and families.